

My Life In A Box

... A Life Organizer

Spring Is Here – April 2007

It seems that I talk about my family a lot but sometimes it makes me laugh when I think about things that family members have said. Here's one of them!

"Spring is sprung, the grass is riz I wonder where the boydies is...The boyd is on the wing, how absoyd...be cause the wing, is on the boyd."

Part of this whole "organizational" stuff that I am encouraging you to do, also includes taking a look at who we are and what we value. My mother called and reminded me of this crazy little rhyme that Dad would say each Spring. It was even more fun to remember seeing him in my mind, (the past elementary school teacher and principal that he was) bopping around while he recited it.

As you go through your home and locate all of your personal, legal and financial documents, I hope you will stumble across something from the past that will make you smile.

I encourage family members to work together when locating everything that goes into the 6 *My Life in a Box* files and especially each person's "Get Away Bag". If you end up doing it all by yourself, that's OK too! Just don't be surprised when you run across something that brings to mind an experience or a good memory as you are getting organized. Just don't get stuck in the memory or get toooooo sidetracked.

In the near future we will be offering an addition to *My Life in a Box*. It will be a family legacy builder and in a simple format, you will be able to create a journal of family memories, notes about unques relatives, and most especially, you, and how you want people to remember you.

But for now, we need to get going on "Spring Cleaning". As you begin to put away all of the Winter clothes, you'll find that there may be things in your home that you really do not need. This is the time to share with others, fight off the "pack rat" mentality, and call the local thrift store to come pick up a load of stuff, or have a yard sale. My rule of thumb is... if you haven't worn it all Winter.. you probably never will, so get rid of it. (I hope I'm not stepping on too many toes).

Also, if you have a cupboard or closet that is so full that you are afraid to open it...guess what? You need to either get that place organized, or give some of it away!

If you do not have the directions for building your "Get Away Bag" and you can receive files in PDF format, visit: www.mylifeinbox.com/getaway.pdf

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The Box Ladies Have Arrived!



Last month I asked a question if you thought an organizational email support group might be a good idea since so many of us are such "procrastinators".

Surprisingly, I received responses from both men and women! So with the help from some remarkable helpers, **The Box Ladies Club** is now in business.

I have taken the filing system from the workbook, **My Life in a Box...A Life Organizer** and have broken it down into weekly motivational e-mails that will help you:

BUILD YOUR BOX.

Within 6 weeks you will be guided through the process, given helpful suggestions on where to locate original documents, and when you have completed the 6 sessions, YOU will be done! You will have your

"Life in a Box"

You will even receive a certificate and a gift when you send me a photo of your success!

If you are interested in joining The Box Ladies Club (men are welcome too) simply visit the website and sign up at: www.theboxladies.com

The Box Ladies are the organizers for "*My Life in a Box*". In the near future this group of highly organized women will set out to organize the entire world
"One Home at a Time"